

President's "Monthly Message" December 12, 2023 - January 11, 2024

This was my 7th month as your President.

I am immobile, unable to attend meetings or functions at this time.

As I stated in a previous "monthly message," I picked up a virus and I've been unwell for the past 8 weeks. I've had to send my regrets to meetings, both online and in-person. I missed Chairing an Executive Council meeting (thank you Sandi for filling in as Past President), missed a Division of Services and Support meeting and the Annual Meeting Planning Committee meeting.

I am slowly recovering. I am unsure when I will be able to return to my daily routine.

The first meeting I was able to Chair was a Zoom Executive Council meeting on January 8, 2024.

Last month was my 6th month as your President (November 12, 2023 - December 11, 2023). I spoke about the birth of Christ as I have been laid up since the middle of November.

My wish for everyone in 2024 is for each one to experience a magical year while remaining safe throughout the seasons.

Shauna MacDonald
President
Bermuda-Nova Scotia Regional Council