

Dear Supporters,

Because of your generosity and commitment, Bridges to Hope continues to be a vital lifeline for individuals and families across St. John's. We are grateful to share an update on the impact your support has made throughout 2025.

So far this year, our Food Bank has recorded **17,910 client visits**, serving **5,541 unique individuals** in our community. The need remains significant, particularly for families with children—**31% of those we served were children aged 1–17**. At the same time, **seniors accounted for 7.1% of total visits**, reminding us that food insecurity affects people at every stage of life.

Your support also made several key programs possible:

- Our **Bag to School Program** helped **900 kindergarten to Grade 12 students** start the school year with essential supplies, easing the burden on families and setting students up for success.
- Our Christmas Hamper program, **Miracle on Cookstown Road**, provided holiday support to **665 households**, ensuring that families could experience dignity, warmth, and hope during the holiday season.

These numbers represent more than statistics—they represent neighbours, children, seniors, and families who were able to access nutritious food and meaningful support when they needed it most.

Thank you for standing with us. Your compassion helps ensure that Bridges to Hope can continue responding to growing needs in our community with care, respect, and hope.

With sincere gratitude,

Ken Peters

Chair of the Board-Bridges to Hope